

# Capability and Growth Enhancement Score Sheet©

## Capability and Independence Scale© Jackie M. Marquette Ph.D.

Use this score sheet to record the quantitative ratings given to the individual on items within each of the seven domains of living. Numerical ratings are given for both contexts 'independent' and 'with supports.'

After implementing the supports, rate the individual again evaluating capability and independence (about 6 months to 1 year later). Note the progress. An example is provided given the rating of one individual's overall growth enhancements. **The individual progressed from a 4.7 to a 7.7. That is an overall increase of 3 points on Capability and Independence Scale.**

Given this example, the team rated the individual as progressing from **needing considerable assistance to occasional assistance or guidance**. That is remarkable. The scale is not an exact science, because people are too complex. However, the Capability and Independence Scale can be helpful in determining the supports that increase an individual's capability and life planning.

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## Levels of Capability

9 = capable of functioning and living independently; i.e. like the vast majority of the population.

8

**7 = occasional assistance, guidance, or supervision needed; particularly for periods of stress on specific issues such as legal/financial matters.**

6

5 = some assistance needed for most functions; Supervision needed for specific issues like legal/financial and complex matters, ongoing support for daily routines.

4

3 = considerable assistance needed to learn and perform most skills; Can do simple tasks if provided assistance or close supervision.

2

1 = extensive assistance needed all the time; can learn and perform simple task with continuous supervision.

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Name:

Date: 10/06  
(First Admin.)

Date: 4/09  
(Follow-up)

DATE	Gen. Funct/ Life Skills		Cognitive Ability		Community Life/ Social		Occupation Capability		Domestic/ House hold Life		Emotional Stability		Communication		Overall Growth Enhancements
	IND 10/ 06	W/S 4/09	IND	W/S	IND	W/S	IND	W/S	IND	W/S	IND	W/S	IND	W/S	
1.	3	7	7	9	6	8	6	8	5	9	4	7	3	7	
2.	3	7	3	7	7	9	3	7	7	8	3	5	4	7	
3.	2	9	3	5	6	8	7	9	7	9	3	5	3	6	
4.	6	9	3	8	6	9	6	9	7	9	5	8	5	7	
5.	2	9	5	7	5	8	6	8	6	8	6	9	4	7	
Domain Capability Function	3.2	8.2	4.2	7.2	6	8.4	5.6	8.2	6.4	8.6	4.2	6.8	3.8	6.8	IND <b>33.4=4</b> W/S <b>54.2=7</b> Overall <b>+2.9</b>
Enhancements W/S -IN	+5		+3		+2.4		+2.6		+2.2		+2.6		+3		

