

Jackie Marquette's Newsletter  
Jackie M. Marquette Ph.D.  
*Autism Transition Specialist*  
*Private Practice and Research*  
Free Online Newsletter  
September 2010  
[Jackie@drjackiemarquette.com](mailto:Jackie@drjackiemarquette.com)  
[www.drjackiemarquette.com](http://www.drjackiemarquette.com)

---

Hello Everyone!

It has been a while since I sent out a newsletter to all of you. I hope life finds each of you well. I have been publishing and consulting with parents and advocates to help deliver teens and young adults to successful transitions. It is important to establish supports that meet an individual's needs that is short term and in long-term goals. The goal of each young adult regardless of his or her disability or disability level is a life with safety, a positive self-image, and social belonging in their world.

I want to invite you to visit my new web site. I offer new articles and publications, and a fresh new blog titled: Capabilities vs. Deficits. I think you will find it informative, as I focus on real issues that face our youth and their families today.

I recently published a Christmas article in LIME magazine. With permission, I posted it on my web site. The title is ***Five Christmas Gifts to Embrace this Season: Families with Teens and Young Adults with Disability***. Here is a brief excerpt:

The Christmas season is all about celebrating with the people we know and love. Cherishing simple pleasures, finding that place in our hearts to give blessings, and connecting with a spirit of our deep faith is all part of enjoying Christmas. Teens and young adults with developmental disabilities have their unique place in these cherished festivities with their families. To read the rest of this article click here:  
<http://independencebound.com/wordpress/?cat=5>

---

I write this newsletter to raise awareness and lend strength to topics that are most significant to the health, well-being, and quality of life of youth (12 and over) with autism (ASD) and developmental disabilities (DD). If you find this newsletter helpful, **send** it out to your friends and please give me feedback. Our youth need us to see their value as a person, listen to their voices, and acknowledge their challenges so they can learn, mature, contribute, and fully live in this world.  
Thank you for taking time out of your busy day to read.

\*\*\*This is an FREE online newsletter. If you want to be removed from the list, please email Jackie at: [Jackie@independencebound.com](mailto:Jackie@independencebound.com)  
You can read previous Newsletters or additional information on the web site:  
[www.independencebound.com](http://www.independencebound.com)

copyright © JACKIE MARQUETTE'S NEWSLETTER, Jackie Marquette, Ph.D.,  
December 2010