



**Walking the Path: Unlocking the doors to personal growth and independence for adolescents and young adults with DD and ASD**

Join Jackie Marquette, author of *Walking the Path* and *Independence Bound*, for this practical and exciting seminar.

**Who is Jackie Marquette?** Jackie is an author, researcher, and consultant. Her dissertation research 1) explored how families guided young adults with ASD to live independently and 2) created a rating scale for measuring a person's capability and independence. Jackie taught and consulted for 18 years in special education. Her son Trent has autism, is employed, and lives independently with creative community supports. Trent, Jackie and her husband started Trent's Prints, a company that publishes and sells Trent's original art.

**November 3, 2006**  
**Paroquet Springs**  
**Conference Center**  
**395 Paroquet Springs Dr**  
**Shepherdsville, KY**  
**502 955-7009**

**November 16, 2006**  
**Receptions**  
**Conference Center**  
**5975 Boymel Dr**  
**Fairfield, OH**  
**513 860-4100**

**What is included with the seminar?** 1) A comprehensive handout with specifically stated learning objectives, activities, and strategies from the *Walking the Path* model. 2) A demonstration of realistic activities the student can do to help reveal hidden strengths and gifts and grow personally, 3) A comprehensive list of additional resources to access and study.

**Who should attend?**

The WP seminar is for school personnel, professionals, and family/advocates who are interested in learning more about how adolescents and young adults with DD and ASD can reach living their own life with goals and purpose. Their outcomes become powerful when viewed in terms of having the support to pursue goals.

**How Much Does It Cost?** Registration is \$95 per professional and \$75.00 per family/advocate. Register early and save \$10 per person.

**When should I Register?** Register now--space is limited. Once this seminar is full, additional registrations cannot be accepted.

**How do I register?** There are 4 easy ways to register: 1) our website, 2) telephone, 3) fax, and 4) by mail. Just give us a call or use the handy registration form.

**What is the cancellation policy?** 30 or more days prior to the seminar: 100% refund, 10 or more days: 50% refund, Less than 10 days prior to the seminar: sorry no refunds.

**Seminar Schedule**

- 8:00 Check-in and continental Breakfast
- 9:00 Welcome and Introductions
- 9:15 What Doesn't Work and What Does:  
Guiding youth with ASD and DD to a meaningful life with greater independence
- 10:45 Break - Talk with Jackie
- 11:15 Identifying and Building Upon Students Strengths, Gifts, and Interests to use in:  
Employment, leisure, and living in the community
- 12:00 Noon—Lunch provided
- 1:15 Introduction to a new tool (CAIS) that measures capability and independence.
- 2:30 Break—Talk with Jackie
- 3:00 Practical Activities to Develop Student's Self Awareness and Capability
- 4:00 Workshop Ends - Stay and talk with Jackie 4:30.

**My Mission: to guide professionals and advocates who help people with all levels of disabilities to live with a sense of well being and independence, by using their best strengths and gifts.**

## What are the learning objectives?

- 1) Discuss how youth can develop personal growth and reach increased independence, based on Jackie's research on adults with ASD ranging from severe limitations to functioning at higher levels. All individuals eventually reached greater capabilities and independence, well beyond expectations. Other related resources also support these findings.
- 2) Explain the WP model that shows how to develop an individual's positive self awareness and the positive actions necessary to face daily challenges.
- 3) Demonstrate activities and self assessments that can be used with the student/young adult to highlight their personal strengths and gifts.
- 4) Use an inexpensive research based tool, the Capability and Independence Scale (CAIS) to assess and plan. The CAIS scale can help highlight areas of capability and direction, employment, self employment, training, relationship development, and increased independence.

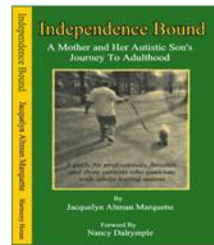
**How developmental problems affect the transition years?** Many young adults often exist in isolation because of limited resources. Individuals with DD or ASD can develop a sense of self through meaningful shared experiences and become intrinsically motivated as they build resilience to the challenges of their disability. The solution is to create *with supports* the personal climate that promotes the individual's unique growth and maturity. Parents know that decisions must be made. We may feel compelled to help our young adult make decisions that are 'right' and 'protective'. Yet standing at that threshold of the decisions, we become fearful asking....But what if.....?

As for professionals, we are struggling within a system of limited resources and know many resources and options are not available for individuals with disabilities and their families. This model empowers all to move forward using best practices.

**How to unlock the doors to developing the student's social and emotional side?** Behavior plans and treatment selections are often significant in addressing the negative behavioral aspects of a person's disability. But using therapy and independent skills taught in classroom settings alone will not lead the individual into a life of personal growth and well being. We must 1) initiate a change of focus from deficits to capabilities, 2) dispel societal myths about limitations surrounding persons with DD and ASD, 3) explore interests through a process leading to self awareness, 4) determine supports, then network to create realistic opportunities to meaningful daily living, having friends, employment, self employment, college, and independence.

**Practical, fun and age appropriate activities to promote personal growth and independence** It is natural that adolescents and young adults have a deep desire for purpose and independence within their day. Although disability limitations are a reality, most individuals have skills, personalities, and strengths that when identified and applied can open doors to inclusive settings, employment, and relationships. There are activities and strategies for networking that can illuminate the next step along the path. These activities are informational and enjoyable for all.

## Books Available for Purchase



Independence Bound



Walking the Path

## Mail Registration and payment to:

The Marquette Group  
7514 Warrenton Hill Ct.  
Louisville, KY 40291

Questions? Call 502 742-8756/Fax 502 742-8487

or on the web:

[www.independencebound.com](http://www.independencebound.com)

*Seminar scholarships available for some families.*

## Registration Form

Professional \$95 Family/advocate \$75.00

Walking the Path  
November 3, 2006  
Shepherdsville, KY  
Registration Deadline  
October 20, 2006

Walking the Path  
November 16, 2006  
Fairfield, OH  
Registration Deadline  
November 6, 2006

Name(s): \_\_\_\_\_

Please check desired seminar(s)

Address: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Credit Card# \_\_\_\_\_ Exp Date: \_\_\_\_\_ MC VISA

\*Please enclose check, money order, or credit card info for the total number of attendees.