

Dr. Jackie M. Marquette's Newsletter

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Founder and Creator of the
Capability Approach and
Broad Creative Support System

May 19, 2012

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Greetings to All:

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Hello Everyone:

I believe in the Capability Approach. Not because of qualitative research studies I conducted to support it, but because I see how well it works in my son Trent's daily life. He is now 35 years old, throughout the transition years, I did not know then how to navigate it all. I look back now and saw both of us moving through trial and error, sometimes succeeding, but falling down a lot too. There were times when I did not know what to do, and yet I realize there will still be times ahead of us when I won't know what to do or how to guide Trent. When they appear, I will follow the Capability Approach, a framework of support and a process.

Don't let school transition lead your young son or daughter into endless hours in front of the TV, video games, withdrawal or depression. We experienced a time when this was Trent's life. As a psychologist recently told me, "Don't let depression hit, when it does there becomes yet another clinical diagnosis added to autism."

Our students, our clients, our sons, our daughters, our sisters or brothers with ASD have capabilities that may be known, but are often hidden. In fact, they go unnoticed because of environmental demands and the unreasonable expectations' to exhibit 'normal' behavior in this world.

The secret is "Increasing Predictability in [their] World of Change and Chaos" This is the bedrock of the Capability Approach System.

I want to share with you my perceptions of Popular Beliefs **(PB)** about ASD and Adulthood vs. The Capability Approach **(CAB)** and the Impact of the Broad Creative Support System

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3. **New Services Offered for Young Adults and their Families**
4. **Training to Service Providers and School Staff**
5. **Certification Training: Use the Capability Approach (CA) Assessment in Your Work with ASD.**

6. Trent will be exhibiting his paintings at Autism One this year.

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I want to share with you my perception of the Popular Beliefs **(PB)** about ASD and Adulthood that linger vs. The Capability Approach Beliefs **(CAB)** Using the Broad Creative Support System

1) Separation from peers. (PB)

Integration among peers. (CAB)

2) People demands placed on individual w/ASD to reach independence.(PB)

People Supports that facilitate a young adult's interdependence. (CAB)

3) Change is chaotic and persons with ASD do not do well with changes.(PB)

Increasing 'Predictability' In their day increases adaptation during change and crisis. (CAB)

4) Rejection or isolation are likely consequences. (PB)

Rejection and isolation are consequences of inadequate planning or no planning. Acceptance and inclusion are results of individual planning and supports in all areas of living, to improve vocational priorities, and practice life skills exposure. (CAB)

5) IQ requirements are set in order the YA receives a service, or the IQ focus disqualifies one from services (PB), the YA lingers and needs unmet. (PB)

Regardless of IQ **The Broad Creative Support system combined with The Capability Approach offers the individual the opportunity to demonstrate capabilities and skills otherwise ignored. Inclusion leads to greater adaptation and greater emotional stability. (CAB)**

6) ASD Challenges are too great to serve. (PB)

ASD Strengths and support that are applied in practical use enable greater participation. (CAB)

7) Transition Successful Outcomes are measured in obtaining Employment, going to College, or reaching Independent Living. (PB)

Transition Effectiveness should be measured based upon the individual's exposure to new settings, new experiences through exploring interests and leisure, promoting motivation through developing vocational priorities and life skills with broad creative supports. When these are in the action plans, employment and college goals are more attainable. (CAB)

8) Failed Outcomes are typical for ASD. (PB)

Try a new process using the Broad Creative Support System. (CAB)

9) ASD young adult requires sitter supervision. (PB)

People Supports to facilitate the young adult's exposure and participation to community settings can offer society their unique contributions. (CAB)

10) A narrowed view of supports in adult services is a people support providing a frequency of support, time involved, physical support and/or prompting. (PB)

Integrate beyond frequency, time involved, physical aid, and prompting to the Broad Creative Support System to reach goals and have social emotional living. (CAB)

11) Other people make life decisions for young adult's with ASD. (PB)

Persons with ASD are dependent upon us to offer supports to enable their self determination. We must ask ourselves when providing a service to young adults with ASD, "Did I hear what you said to me, and did what you said to me, did it matter to me?" If so, we must then ask ourselves, "How will I assist the young adult to pursue his own self advocacy?" (CAB)

12) Having ASD is often seen as different, a mistake, wrong, inferior, or abnormal. (PB)

Choose to appreciate their strengths and talents. The world needs them. We must see them for who they are, not viewed for who they are not. (CAB)

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2)I will be presenting at Autism One 2012, Westin Hotel, Lombard, IL. (Chicago)

**Date/Time: Sun, 05/27/2012 - 12:30pm - 1:10pm
Room: Cypress Track: Adult - Adult / Adolescent**

The Capability Approach (CA), is a new tool to assess barriers and create employment supports. Twenty-seven vocational priorities were found to be critical to the young adult's job capability. The Broad Creative Support System (BCS) was useful in minimizing challenges by integrating supports. The CA and the BCS can provide a broader scope of support analysis, interests/strengths to enable job capability.

3) New Services Offered for Young Adults and their Families

I am offering new services to meet needs of folks with ASD and their families.

*******I have made available for you a complete sample of a real evaluation I provided for a young man with autism and his family. All names and other demographics are excluded to protect their privacy.**

Go to: <http://independencebound.com/wordpress/store/products/asd-services-family-and-young-adult-consulting>

4) Training to Service Providers and School Staff

The purpose is to turn challenges to solutions by applying the Capability Approach to ASD

<http://independencebound.com/wordpress/certification-training-use-the-capability-approach-ca-assessment-in-your-work-with-asd>

5)Certification Training: Use the Capability Approach (CA) Assessment in Your Work with ASD.

<http://independencebound.com/wordpress/certification-training-use-the-capability-approach-ca-assessment-in-your-work-with-asd>

6) Trent will exhibiting his paintings at Autism One this year.

Thank you for taking time out of your busy day to read my newsletter. Please call or email with your concerns.

I wish you health and well-being.

Jackie

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You can read previous Newsletters or additional information about Dr. Jackie's Capability Approach on her web site: www.independencebound.com

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